

The Big Breakdown Before the Big Breakthrough

Please take a minute and honestly answer the following statements/questions:

As I embark on this live event experience, I expect...

The thing from my past which is holding me captive is...

My biggest fear(s) is...

I would define the word purpose as...

Five words I would use to describe myself are...

My biggest opportunities for personal improvement include...

If money were not an object, I would be...

I am better than anyone else in the world at...

I get excited when...

I am motivated and inspired by...

I am talented when it comes to...

To me, passion means...

I wake up each morning because of...

My favorite things to do include...

What I want out of my life (and business) is...

I feed my spirit by...

My definition of abundance is...

I am most confident about...

My definition of expectation is...

I would describe my life (and business) as...

What I love most about me is...

What I dislike most about me is...

My personal mission statement is...

My friends would use the following words to describe me...

To breakthrough, I am prepared to...

The person who has impacted my life the most is (could be a positive or negative impact, please share why)...

A minimum of five things that I am grateful/thankful for are...

True or False: What I am doing right now is getting me closer to where I want to be. Share your thoughts...

If I stopped living from my head (talking myself out of my goals and dreams) and started to live from my heart (following my vision and dreams), I know that my life (and business) would change because...

What I truly want for my life is...

I am attending this live event because...

I sincerely need and want to improve my life (and business) because...

I view coaching as a worthwhile investment in me because...
